



PETTY HARBOUR | By Rayna Curtis

First Light
HANDCRAFTS

Two of my best friends from Toronto are photographers, and both of them absolutely fell in love with Newfoundland. On a scenic tour with my father, they spent hours in a little fishing village outside St. John's called Petty Harbour. Both of them love hand knit socks, so the name seemed appropriate.

Skills Required

- Knit
- Purl
- Pick up Stiches
- Knit in the round
- Decrease
- Graft/Kitchener

Glossary/References/Techniques

Ktbl: Knit the st through the back loop.

S11: Slip stitch as if to purl.

SSK: Slip next two sts, one-by-one, as if to knit. Insert tip of left needle into the fronts of these two stitches from left to right, and knit them together.

MATERIALS

YARN:

Wollmeise Twin, 510 yards/150g skein (sample shown in Moses), or fingering weight yarn to match gauge

NEEDLES:

2.5mm needle(s) for small circumference in the round: DPNs, 1 long circular or 2 short circulars

NOTIONS:

Stitch marker(s) – Optional
Darning needle

GAUGE:

32 stitches/48 rows in 4 inches in stockinette

FINISHED MEASUREMENTS (FOOT CIRCUMFERENCE):

S – 7"

M – 8"

L – 9"



Cast on 56 (64, 72) stitches. Arrange stitches on needles as desired and join to work in the round, taking care not to twist.

RIBBING

Work 12 rounds of 1x1 ribbing as follows.

Round 1: [K1, p1]; repeat to end

Rounds 2-12: Repeat round 1.

LEG

Round 1: K all stitches

Round 2: [K3, p1]; repeat to end.

Round 3: K all stitches

Round 4: [K1, p1]; repeat to end.

Repeat rounds 1-4 an additional 15 times, or until desired leg length is reached.

HEEL FLAP

The heel flap will be worked back and forth over the next 28 (32, 36) stitches.

Row 1 (RS): [Sl1, k1]; repeat to end. Turn.

Row 2 (WS): Sl1, p27 (31, 35). Turn.

Repeat 14 (16, 17) more times for a total of 30 (34, 36) rows. When the final row and turn has been completed, RS will be facing.

TURN THE HEEL

Row 1 (RS): Sl1 K15(17, 19), ssk, k1. Turn.

Row 2 (WS): Sl1, p5, p2tog, p1. Turn.

Row 3 (RS): Sl1, k6, ssk, k1, Turn.

Row 4 (WS): Sl1, p7, p2tog, p1. Turn.

Row 5 (RS): Sl1, k8, ssk, k1. Turn.

Row 6 (WS): Sl1, p9, p2tog, p1. Turn.

Continue turning and decreasing as established (one stitch decreased every row) until all sts have been worked. Final RS decrease row will end with a ssk (no extra k1), and final WS decrease row will end with a p2tog (no extra p1). 16 (18, 20) sts remain.

Turn so RS is facing. Sl 1, knit across.



PICK UP GUSSET STITCHES

Using slipped stitches as a guide, pick up 16 (18, 19) stitches along the edge of the heel flap. Work the next 28 (32, 36) stitches in pattern across the instep. Place marker here to help you remember where top of foot ends and gussets start. Then pick up 16 (18, 19) stitches along the other side of the heel flap. 76 (86, 94) stitches in total.

GUSSET DECREASE SET UP

Knit the 16 (18, 20) knit stitches, and Ktbl the 16 (18, 19) picked up stitches. Proceed with next row of pattern to marker. Ktbl the next 16 (18, 19) picked up stitches. This is the new end of round.

GUSSET DECREASES

Round 1: Knit to 3 stitches before the start of instep stitches, k2tog, k1. Work all stitches in pattern across instep (to marker). Slip marker. K1, ssk, and knit to end of round.

Round 2: Knit to start of instep stitches. Work instep stitches in pattern (to marker). Slip marker. Knit to end of round.

Repeat these rounds until you are back to the original stitch count of 56 (64, 72) stitches. Knit to end of sole stitches. This is the new end of round.

Continue foot as set (in pattern across instep, in stockinette across sole) until 2 inches from desired length, ending with completion of sole stitches.

TOE SHAPING

Round 1: K1, ssk, k to three stitches before end of instep, k2tog, k1. K1, ssk, k to three stitches before end of sole stitches, k2tog, k1. (4 sts dec.)

Round 2: K all stitches.

Repeat these two rounds 7 (8, 10) more times until you have 24 (28, 28) stitches left – place half on each of two needles for grafting.

FINISHING

Graft using Kitchener stitch.
Weave in ends and wash/block.

