



Craggy Shore

By Emily Franck of The Blue Mouse

CO instructions for sizes 48 (60, 72) ONLY. See the other PDF for sizes 54 (66, 78).

MATERIALS

YARN

Fingering weight approx: 400 yards {365 m}
Yardage varies widely depending on the length of your foot and the CO, but 1 skein of at least 400 yds should be plenty for a pair of socks (more than enough for a pair of shorties) for most foot sizes.

Sample uses: [Six and Seven Fibers](#) Amaranth base (100% Non-SW Merino, 436 yds/100 g) in the colorway 'Plumage'.

NEEDLES

US 1.5 {2.5 mm} 32 - 40" {80 - 100 cm} circular needles **OR** a set of [Neko Bamboo Flex DPN's](#).
Or size needed to match your preferred gauge.

OTHER MATERIALS

Yarn Needle, Stitch Marker

GAUGE

Leg stitch pattern worked in the round & blocked.
 Works with multiple gauges: 28, 32 & 36 sts per 4" {10 cm} with a round gauge close to 44 rounds per 4" {10 cm}.

>> Sample got a 28 sts/44 rounds gauge and made the 54 size cast on.

>> I found my stitch pattern gauge was not that far off from my stockinette gauge, maybe 1-2 sts less within a 4" {10 cm} swatch.

Use your gauge and the table on page 2 to choose the number of stitches to cast on for your size.

NOTES/TUTORIALS

>> German Twisted Cast On [Video Tutorial](#)

>> Kitchener Stitch [Video Tutorial](#)

>> SSK Decrease [Video Tutorial](#)

>> K2TOG Decrease [Video Tutorial](#)

>> If you want to use your own maths for any reason, the leg stitch pattern (CO) has to be a multiple of 6 to work out evenly.

>> Find a coupon code at the end of the pattern for 15% off anything in my shop ;)

ABBREVIATIONS

>> BOR = Beginning of round

>> CO = Cast On

>> K2TOG = Knit 2 sts together (single decrease)

>> K2TOGtbl = Knit 2 sts together through the back loop (single decrease)

>> N1(2) = Needle 1 (2)

>> P2TOG = Purl 2 sts together (single decrease)

>> PM = Place Marker

>> PU = Pick Up (stitches)

>> PW = purl-wise (when slipping stitches)

>> RS = Right Side (of work)

>> SL1KW = Slip 1 stitch knitwise

>> SL1PW = Slip 1 stitch purlwise

>> sm = slip marker from needle to the next

>> st(s) = stitch(es)

>> WS = Wrong Side (of work)

>> wyib/wyif = with yarn in back/with yarn in front (when slipping stitches)

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HOW TO PICK A SIZE & CAST ON

- 1.) Find your gauge (28, 32, or 36 sts) in the far left column.
- 2.) Follow the row of your gauge and pick the finished foot circumference you want.
See the sizing guide at the bottom of this page if you don't know which size you need.
I recommend choosing a size with 1-2" {2.5-5 cm} of negative ease.
- 3.) Use the cast on number at the top of that column to knit your socks.

Cast On Amounts	48	*54	60	*66	72	*78	sts
28 st gauge (7 sts)	6.75 {17}	7.75 {19.5}	8.5 {21.5}	9.5 {24}	10.25 {26}	11.25 {28.5}	Inches {cm}
32 st gauge (8 sts)	6 {15}	6.75 {17}	7.5 {19}	8.25 {21}	9 {23}	9.75 {25}	Inches {cm}
36 st gauge (9 sts)	5.25 {13.5}	6 {15}	6.75 {17}	7.25 {18.5}	8 {20.5}	8.75 {22}	Inches {cm}

***Sizes 54, 66, & 78 are in the other PDF file. This file only has instructions for sizes 48, 60, & 72 ONLY.**

^^ All sizes rounded to the nearest 0.25" {0.5 cm}

STANDARD SIZING GUIDE

General size standards from the [Craft Yarn Council](#) based off of US shoe sizes.

These are just general guides, if you are making the socks for yourself you may want to measure the circumference, and try the sock on as you go for a better length fit. Remember you want about 1-2" {2.5-5 cm} of negative ease for the circumference.

WOMEN:

- > US 4 - 6 ½ = 7" circumference, 8 - 9" (20.25 - 23 cm) total foot length
- > US 7 - 9 ½ = 8" circumference, 9.25 - 10" (23.5 - 25.5 cm) total foot length
- > US 10 - 12 ½ = 9" circumference, 10.25 - 11" (26 - 28 cm) total foot length

MEN:

- > US 6 - 8 ½ = 8" circumference, 9.25 - 10" (23.5 - 25.5 cm) total foot length
- > US 9 - 11 ½ = 9" circumference, 10.25 - 11" (26 - 28 cm) total foot length
- > US 12 - 14 = 10" circumference, 11.25 - 12" (28.5 - 30.5 cm) total foot length

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PATTERN

CO 48 (60, 72) sts.

Sample uses a german twisted cast on, but any stretchy cast on will work.

Distribute the stitches as follows:

N1 = 24 (30, 36) sts.

N2 = 24 (30, 36) sts.

Join in the round and place a removable marker in the fabric of N1 so you know which is which.

LEG

Work in 1x1 ribbing for about 3 rounds or until your leg measures approx. 0.25" {0.5 cm} from the CO.

Continue in the following stitch pattern until the leg of your sock reaches the desired length (shorter leg lengths may only take a couple of repeats). End with a finished round 8 repeat.

Round 1: *K4, P2; repeat from * across.

Round 2: *K4, P2; repeat from * across.

Round 3: *K4, P2; repeat from * across.

Round 4: *K4, P2; repeat from * across.

Round 5: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3.

Round 6: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3.

Round 7: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3.

Round 8: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3.

HEEL FLAP

You will now be working back and forth on N1 only to create the heel flap. You can just let the N2 stitches hang on the cord.

CHART ON PAGE 7 (for rows 3 to 10, the repeat).

Row 1 (RS): K3, *K1, P2, K3; repeat from * to the last 3 sts: K1, P2

Row 2 (WS): SL1KW wyib, K1, P1, *P3, K2, P1; repeat from * to the last 3 sts: P3.

Row 3 (RS): SL1KW wyib, K2, *SL1PW wyib, P2, SL1PW wyib, K2; repeat from * to the last 3 sts: SL1PW wyib, P2.

Row 4 (WS): SL1KW wyib, K1, P1, *P3, K2, P1; repeat from * to the last 3 sts: P3.

Row 5 (RS): SL1KW wyib, P2, *SL1PW wyib, K2, SL1PW wyib, P2; repeat from * to the last 3 sts: SL1PW wyib, K1, P1.

Row 6 (WS): SL1KW wyib, P2, *K2, P4; repeat from * to the last 3 sts: K2, P1.

Row 7 (RS): Repeat R5

Row 8 (WS): Repeat R6

Row 9 (RS): Repeat R3

Row 10 (WS): Repeat R4

Repeat rows 3-10 until your heel flap is as long as it is wide.

If you matched row gauge: stop after 16 (22, 28) rows and move on to the heel turn.

Note: If you want a deeper heel then work more rows in the same pattern. You don't need to work all of them, just as many extra rows as you need. If you do this, be sure to pick up extra stitches along both of the heel flap edges and make extra decreases in the gusset.

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HEEL TURN

You will now work short rows on N1 to shape the heel.

Row 1 (RS): SL1KW wyib, K15 (19, 23) sts, K2TOG tbl, turn

Row 2 (WS): SL1PW wyif, P8 (10, 12) sts, P2TOG, turn

Row 3 (RS): SL1PW wyib, Knit to 1 stitch before the gap, K2TOG tbl, turn

Row 4 (WS): SL1PW wyif, Purl to 1 stitch before the gap, P2TOG, turn

Repeat rows 3 & 4 until all stitches have been worked. At the end you should be ready to start a RS row for the next section and you should now have 10 (12, 14) sts on N1.

GUSSET

You are no longer going to be working back and forth, but in the round again. You have to pick up stitches along the sides of the heel flap to connect your current N1 stitches to your N2 stitches.

Round 1:

N1: Knit across. Then, PU & Knit 8 (11, 14) sts along the heel flap edge.

If you worked more heel flap rows: PU & Knit half of the total rows you knit for the heel flap (PU 1 stitch for every slipped stitch along the heel flap edge).

N2: Continue in the leg stitch pattern (see page 3) across. Then, PM and PU & Knit 8 (11, 14) sts along the other heel flap edge.

The distribution of stitches should now be:

N1: 18 (23, 28) sts.

N2: 32 (41, 50) sts.

Total: 50 (64, 78) sts.

Round 2 (plain):

N1: Knit across.

N2: Continue in the leg stitch pattern to the marker, sm, knit to the end.

Round 3 (decrease round):

N1: Knit to the last 3 sts: K2TOG, K1.

N2: Continue on in the leg stitch pattern to the marker, sm, K1, SSK, knit to the end.

Repeat Rounds 2 & 3 a further 0 (1, 2) times for a total of 1 (2, 3) decrease rounds. Or until you can match the stitch count below.

The distribution of stitches should be:

N1: 17 (21, 25) sts.

N2: 31 (39, 47) sts.

FOOT

Slip the 7 (9, 11) sts from the tip of N2 to the tip of N1 (moving the stitches that have been separated by the marker to N1). You can then remove the marker.

The distribution of stitches should now be:

N1: 24 (30, 36) sts.

N2: 24 (30, 36) sts.

From here on out you will always be knitting across N1 and working in the leg stitch pattern across N2 for every round. The new BOR is at the start of N1.

Continue knitting in stockinette for N1 and knitting in the leg stitch pattern (chart on page 3) for N2 (picking up where you left off) until your foot measures 1 (1.25, 1.5)" {2.5 (3, 4) cm} from your total foot length.

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Leg Stitch Pattern

N2 ONLY.

Round 1: *K4, P2; repeat from * across

Round 2: *K4, P2; repeat from * across

Round 3: *K4, P2; repeat from * across

Round 4: *K4, P2; repeat from * across

Round 5: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3

Round 6: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3

Round 7: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3

Round 8: K1, P2, *K4, P2; repeat from * until the last 3 sts on the needle: K3



TOE DECREASES

Setup Round: Knit around N1 & N2.

The instructions below are the same for both needles.

Round 1 (decrease round): K1, SSK, Knit to the last 3 sts on the needle: K2TOG, K1.

(decreased 4 sts, 2 on each needle)

Round 2 (plain): Knit around.

Repeat rounds 1 & 2 a further 3 (4, 5) times.

Then, decrease every round 2 (2, 3) times.

You should now have 12 (16, 18) sts on each needle.

FINISHING

Using the kitchener stitch bind off the remaining 24 (32, 36) sts.

Repeat all these steps for a second sock.

Weave in your ends and enjoy :)

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By Emily Franck of The Blue Mouse

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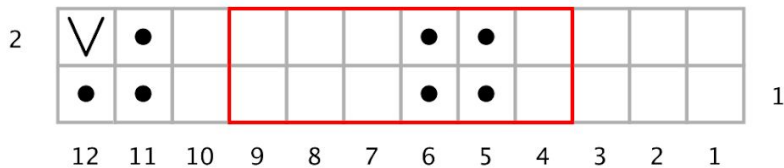
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Heel Flap Charts

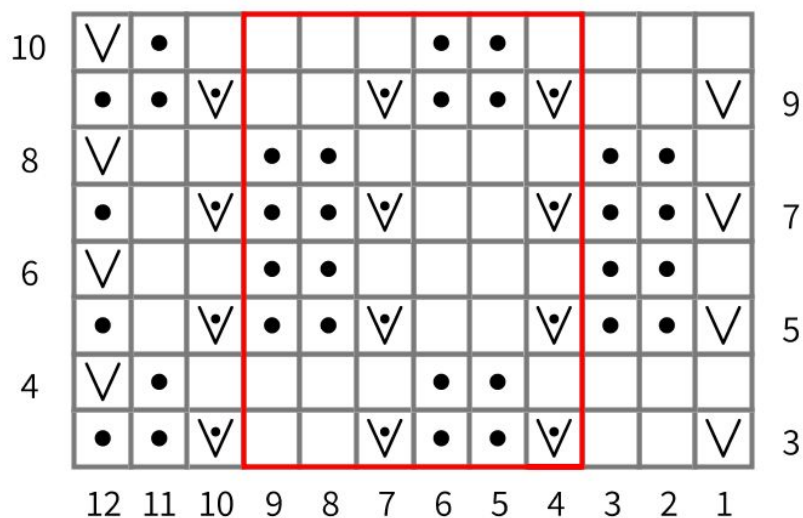
Heel Flap Setup Rows

These are the setup rows, you only work these 2 rows once. Then, move on to the heel flap repeat chart below.



Heel Flap Repeat

Begin with row 3, your first 2 rows were setups. You are repeating rows 3-10 for the rest of the heel flap.



Key

- ☐ RS: knit
WS: purl
- ☐ RS: purl
WS: knit
- ☒ RS: slip purlwise with yarn in back
WS: slip purlwise with yarn in front
- ☒ RS: slip knitwise with yarn in back
WS: slip knitwise with yarn in back
- ☐ repeat

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